

February

2013

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Half the Sky Turning Oppression into Opportunity for Women Worldwide

I highly recommend this book written by Pulitzer Prize recipients in journalism, Nicholas D. Kristof and Sheryl WuDunn, Half the Sky Turning Oppression Into Opportunity For Women Worldwide.

It clearly and poetically tells the stories of women and girls overcoming adversity with grace, strength and determination. Everyone needs to read this book from

women to men to young adults. It is truly transforming and highlights how amazing the human spirit is at overcoming adversity. It also clearly demonstrates the disparity between healthcare access, opportunity for education and jobs that exists for women in the developing world and even worse how women and children are being

exploited today in 2013. This is the real tragedy.

Furthermore, the book showcases how a large part of China's economic boom is due to the opening of job opportunities to women—a previously an untapped resource.

Please read this book and then pass it on to someone else. In Wellness, Dr. Gurski.

Purpose



2013

"We are incarnated to make a difference; peace of mind comes from understanding why we are here. We cannot feel our Divine connection until we know our Divine purpose. It is a protection against being seduced by that which would divert us from our true path. Assist the Universe through creativity & ingenuity. It is the contractual proposal between our power and the Higher power. Purpose makes all the minutes of our life worthy, making life worth living. It is the surest way to our karmic cleansing. Purpose is vision made visible & viable."

Universal Truths 1997